



CAMPS BAY HIGH SCHOOL

Newsletter #16 2019

3 May 2019

Dear Parents,

Camps Bay High School is a school that embraces diversity. We believe there is Strength in Diversity. In South Africa today, diversity has a fairly narrow meaning, but for our discussion can I broaden the definition of diversity to mean difference: we are a school that can't really be defined as just one thing. Some schools like to be defined as a sporting school or more specifically a 'rugby' school. We are not a school that would be defined in this way, even though last week we did celebrate our First Rugby Team's performance that gave them 100th spot on the top 100 School Rugby Teams List.

This week I want to focus on a completely different type of performance, namely dance. Dance is part of our Arts and Culture offering and once a year the dancers put on a performance called the 'Dance Showcase'. The first performance was last night and they perform again tonight. Head of Dance, *Ms Scarborough* assisted by *Janine Thetard* have produced a very captivating dance show. Staging a large number of dance items and using 140 pupils, this must be the biggest showcase we have ever enjoyed. The music and lighting created that enabling environment for our dancers to truly shine. The performance really is a 'wow' and I believe tonight is already full with more chairs being added as I write this. A dance takes a tremendous amount of practising and so a big thank you to the dance teachers and all the pupils for the hard work and long hours they put in to perfect their numbers. It really showed and is appreciated.



Primary School Band

In assembly this morning we were treated to a performance from the Primary School wind band led by *Mrs Abrahams*. The first number was a vocal piece followed by four instrumental numbers. We were so impressed by the performances which also included a solo pianist. *Mr Collier*, the Primary School Principal and *Mrs September*, the Governing Body Chairperson, were there with a number of Primary School parents.

Bosmansdam Derby Day on Saturday, 4 May at Camps Bay High School

We are pleased to welcome Bosmansdam High School to our Derby tomorrow. The pupils are asked to support the school by coming on the morning in school uniform. Parents are also more than welcome. The programme is attached with this newsletter.

Cellphone Theft

At the end of last term, we caught four boys working together to steal a cell phone. They had a Governing Body disciplinary hearing and have received our most severe punishment. We have asked that the ringleader be expelled (this is a decision we can't make, but is made by the Head of Education).

Against this backdrop we seem to have a situation where theft has become a weekly problem. The theft is mostly from bags that are left unattended and away from the CCTV cameras. Cellphones are a popular target for these thieves. In assembly today I flagged this problem and encouraged all our pupils to be more vigilant until we have caught these pupils and hopefully either reformed them or moved them out of our school society.

Funny Festival Fundraiser

We have once again managed to secure some tickets for the Cape Town Funny Festival.

If you would like tickets, please e-mail wendydfoster@gmail.com and state how many tickets you require.

You will then be charged via Karri and the tickets will be left at reception for collect.

My School Card

The My School card is an important monthly contributor of funds to our school.

We would really encourage all parents to either sign up for a card and make CBHS the beneficiary, and for those who have a card already please take a moment and change the beneficiary to CBHS especially to all Grade 8 Parents. Your actions will make a huge difference to our income from this initiative.

Ekhaya Musical

We are putting together the décor for the musical *Ekhaya*. If you can help with any of the following items please bring them to school or e-mail Miss du Plessis on cduplessis@campsbayhigh.co.za for any information or discussions.

Items required:

1. Plastic fruits
2. Carts
3. Dinner table cloth
4. Dishes to put on the table (glasses, knives and forks, plates etc.)
5. Beach balls (primary colors)
6. Beach chairs
7. Primary color pieces of fabric
8. Beach umbrellas (primary colors)
9. Huge plastic Cupcake, cherries and lips.



funny festival

**Camps Bay High School
Charity Evening**
TUES 16 JULY 2019
Tickets R190 - limited to 100 only!
RSVP to wendydfoster@gmail.com

- State how many tickets you require -
- You will then be charged via KARRI -
- Collect tickets from CBHS reception -

[PERFORMERS]

 Alan Committie (SA) FULL FESTIVAL	 Kev Orkian (UK) FULL FESTIVAL	 Emo Adams (SA) FULL FESTIVAL (EXC. 11 JULY)	 The Big Boys (SA) 8 - 28 JULY 2019
 Lindy Johnson (SA) FULL FESTIVAL	 Matt Tarrant (Aus) FULL FESTIVAL	 Sifiso Nene (SA) FULL FESTIVAL	 Carvin Goldstone (SA) FULL FESTIVAL

Matric Dance Invitation Reveal

There was great excitement last week at the Surprise Matric Dance Invitation Reveal. Some of the Grade 11 girls were on hand to dish out the invitations in outfits available for hire from the Camps Bay High School Matric Dance Wardrobe.



Matrics Visit Camps Bay Prep Campus for Founder's Day

Some of our Matrics who started school at Camps Bay Prep Campus went back to where it all started and shared some of their memories with the little ones.

View the highlights from the assembly here: <https://youtu.be/w5EtFwTQbPw>

RCL Presents Camps Bay's Got Talent - Week 2

The second group of contestants in "Camps Bay's Got Talent" performed in Cultural Assembly last week.

View clips from their performances here:

<https://youtu.be/w5EtFwTQbPw>

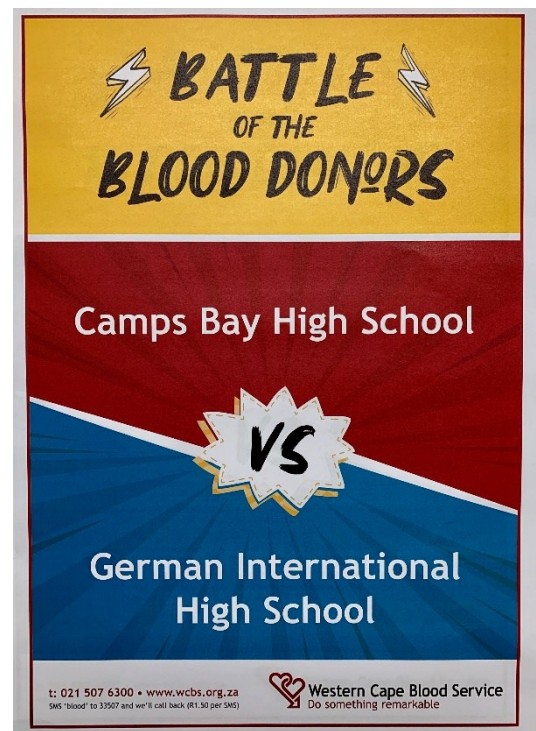
Battle of the Blood Donors

Next week **Thursday, 9 May** between **10h00** and **13h45** is THE BATTLE OF THE BLOOD DONORS challenge - Camps Bay High School vs German International High School. Past Pupils, parents and friends of Camps Bay High School are also welcome to donate.

Founder's Day Assembly

We hosted a very special Founder's Day Celebration at the High School today, celebrating 113 years of Camps Bay Schools.

The programme included performances from the Camps Bay High School Choir and the Camps Bay High School Show Choir as well as performances and personal accounts from Camps Bay High School Past Pupils. (continues overleaf...)



All the highlights from the Assembly have been loaded to the Camps Bay High School YouTube Channel:

Choir performs National Anthem:

<https://youtu.be/R3Up3GLuTI>

Thimna Tibisono performing "Home" by Warsan Shire:

<https://youtu.be/QR1hR9JYeAc>

1989 Head Prefect, *Glen MacLachlan's* Address:

<https://youtu.be/SjsSQFRUG-A>

2015 Prefect, *Bongiwe Mngomezulu* performing, "I was here"

<https://youtu.be/KIrlAYqsw6o>

1999 Prefect, *Lauren Teasdale's* Address:

<https://youtu.be/UJSowJ3-Sco>

Camps Bay High School Show Choir perform "Rolling in the Deep"

<https://youtu.be/r9T8I4bvGYM>

2009 Head Prefect, *Russel Daries'* Address:

<https://youtu.be/hPU6-mQCtPY>

2019 Head Prefect, *Hannah Barnes* delivers School Oath of Allegiance

<https://youtu.be/fWTGuUgRMX0>

School sings School Song:

<https://youtu.be/-5UQPPDwy-o>



Inkcubeko Yethu Society Presents The Isixhosa Cultural Evening – Friday, 10 May at 18h00 for 18h30

Students from Camps Bay, Wynberg Boys, Wynberg Girls, Herschel, SACS, Rondebosch Boys, Plumstead, Claremont, St. Cyprian's. Groote Schuur, Springfield, Rustenburg, Westerford and Bishops will showcase their love for the isiXhosa Culture with performances of:

- Umxentso (traditional dance)
- Choir
- Marimba band
- Umbongo (poetry)

Tickets are **R20-00** and can be purchased at the door.



ACTA Cutest Pet Competition

The winners of ACTA's Cutest Pet Competition were announced in assembly this morning - Congrats to *Zanthe Dickie* - Student Winner for Week Two and *Ms. Parker* - Staff Winner for Week Two. *Luca Samassa* is the Student Winner for Week Three and *Mr. Van Gruting* is Staff Winner for Week Three.

To view the entries, click here:

<https://www.youtube.com/watch?v=1FEqi8x5z3w>



Zanthe Dickie
with Lulu and Scuba



Ms. Parker
with her son, Sihle, and his friends



Luca Samassa
with Tigger



Mr. Van Gruting
with Charlie & Luna

ACTA continues to collect dog & cat food this term. Please label donations with your Name, Grade and House and leave them in *Ms. Mj's* classroom.

Sienna Widd Performs at Camps Bay Prep Campus Assembly

Matric music student, *Sienna Widd*, performed "Almost Here" from *Princess and the Frog* at the Camps Bay Prep Campus Assembly on Monday. View her performance here:

https://youtu.be/3WsjwR2w_gQ

UCT Mathematics Competition (25 April 2019)

Every year, UCT has a Mathematics competition held in April and every school may send up to 15 pupils per Grade to represent the school. Camps Bay High sent around 65 pupils to represent us at the competition this year.

Last year, close to 8500 pupils participated in this competition. Every year, we have pupils achieving merit awards and we hope this year to have many winners again.

The results will become available to schools in June.



Sports Results:

Squash Boys

U-19 played Pinelands and WON 14-0.

Soccer

Junior Soccer Girls played St. Cyprian's and WON 6-1. Goal scorers were *Carla Ruf*, *Zona Sobekwa* (2) and *Amy Bysshe* (3).

Netball

Netball U-14A played Settlers High and WON 9 - 4.
Netball U-14B played Settlers High and LOST 10 - 0.
Netball U-15A played Settlers High and WON 11 - 6.
Netball U-15B played Settlers High and LOST 23 - 2.
Netball U-16A played Settlers High and WON 17 - 12.
Netball U-19A played Settlers High and LOST 19 - 18.
Netball U-19B played Settlers High and LOST 10 - 1.

Rugby

Rugby Boys U-14 played Islamia College and WON 19-10.
Rugby Boys U-15 played Islamia College and LOST 33-24.
Rugby Boys U-16 played Alazhar High and WON 10 - 0.
Rugby Boys U-19A played Islamia College and WON 59 - 12; *Monier Benjamin* scored a hat-trick of tries.
Rugby Boys U-19B played Westerford and WON 14 - 12.



Girls Rugby:

Playing their second game ever, they lost 30-0 to a tough team from Kleinvillei.

Table Tennis

Table Tennis A Team played Westerford and LOST 6 - 0.

Table Tennis B Team played Westerford and LOST 6 - 0.

Boys Soccer

U-16 played Cape Town High and WON 3 - 1 - Goal scorers were *Adinaan Cornelius* (2) and *Oliver Zvirawa* (1).

Boys Hockey

U-19 played Rhodes High and LOST 5 - 0 - Outplayed by team with three very strong players.

Cross Country

Our runners recently participated in the Cross Country Meet held at Rondebosch Boys High School on 17 April 2019.

This was a big meet, with approximately 60 to 70 runners in each race.

U-15 Boys: *Samuel Warren* placed 3rd overall and *Josh Langdon* finished in 15th place.

U-17 Girls: *Mila Engelbrecht* came 20th in her race.

U-19 Boys: *Alexandro da Silva* finished in 2nd place and *Sean Pape* in 8th place.



Lochlan Williamson – Runner-Up in UCT Squash Tournament

Congratulations to *Lochlan Williamson* (far left) who is the runner in the WP UCT Squash Tournament in the Boys U16 section.

Lochlan played brilliantly, only losing out in the final to the Number One seed.



PLB Notice

Please see the appeal from the PLB for benches, attached at the end of this Newsletter.

The Week Ahead

Monday 6 May 2019: Prefect Assembly at **10h15 a.m.**

Tuesday 7 May 2019: Visiting Argentinian school will be on campus in the morning for three periods and then will play matches in the afternoon.

Wednesday 8 May 2019: Election Day: School will be closed.

The School Exams are around the corner. A reminder that for the Grades 10 - 12 they start on **Thursday 16 May** and for the Grades 8 and 9 they start on **Monday 20 May**. During the exams, school starts normal time at **08h00 a.m.** (including Thursdays) and closes at **13h00 (1 p.m.)**.

All subjects are hard-pressed to complete their work as well as allow time for managed revision in class. It is important that your children do not miss any school unnecessarily between now and the exams.

Yours sincerely,

David de Korte
PRINCIPAL



CAMPS BAY HIGH SCHOOL

30 April 2019

Dear Parents,

Here is the Derby Day Programme for the Camps Bay High School vs. Hoerskool Bosmansdam Derby Day to be held this Saturday, 4 May 2019 at Camps Bay High School

SPORT	AGE GROUP	TIME	VENUE
Chess	Juniors	08:30	
	Seniors	09:45	Art Room
Cross Country	Seniors	09:00	The Glen (start at Kudu Park, 6km - 3 x laps)
	Juniors	09h15	The Glen (start at Kudu Park, 4km - 2 x laps)
Hockey (Girls)	U16	09:00	Kudu Park
	U19	10:00	Kudu Park
Netball	U16B	08:30	Open Quad
	U14B	08:30	Top Court
	U16A	09:10	Open Quad
	U14A	09:10	Top Court
	U19B	09:50	Open Quad
	U19A	10:30	Open Quad (1 hour match)
Rugby	U15A	08:15	Kudu Park
	U16A	09:30	Kudu Park
	U19B	10:30	Kudu Park
	U19A	11:30	Kudu Park

We had hoped that Bosmansdam would field U14 teams but unfortunately this has not been the case - we will be looking for other opportunities to give the U14s a chance to play.

We are also looking into hosting a Soccer Tournament in August sometime as it seems that the schools that we have Derby Days against, are all dropping soccer as a school sport.

Please remember that it is compulsory for all Grade 8 and 9 pupils to attend Derby Day regardless of whether they are participating in a sport. The prefects will be taking roll call again and Grade 8 & 9 students must sign in before 10h00 and sign out at 13h00. Those not present for roll call will be issued with a Prefect's Detention.

All pupils in all Grades must be dressed in full school uniform or in their sports kit.

Yours sincerely

MZI NYATHI
HEAD OF SPORT
CAMPS BAY HIGH SCHOOL



PARENT DRIVEN PROJECT INITIATIVES 2019

ADDITIONAL SPECTATOR STANDS

Greetings and salutations to all our wonderful CBHS parents and guardians. As the first of our parent driven projects for this year, we are looking at purchasing additional Spectator stands for the school.

We have countless events going on at our busy school and not enough stands to facilitate spectator viewing and those we do have are massive and not easily relocated. The one we have selected and need can be easily moved by our estate staff.



They 100% recycled plastic packaging, long lasting and maintenance free but not cheap!

So the idea is to get a drive going which will enlist the support and participation in this initiative by all parents, extended family, guardians, past pupils, friends of Camps Bay High School as well as donations from corporate sponsors and businesses in Camps Bay.

Each bench will carry a plaque on it with the donors name(s) or corporate sponsors name on it.

Ways in which the donations can be made:-

- Outright donations for the full cost of a stand from a company or family can be given (total value of one stand R18335 incl VAT)

- Alternatively a contribution by each member of each Grade of R400.00 then goes toward the purchase of a stand or stands and the names of the grade contributing families (or child's name is included on the grade plaque(s))

This stand was donated by the following 2019 grade 9's :

- A. Family name or pupils name***
- B. Family name or pupils name***
- C. etc***
- D.***

Please contribute towards this much needed project to

CBHS

FNB

Current Account

number 50240343463

Code 201809

Reference:-**Stand** and **Family name**

The please email me your proof of payment wendydfoster@gmail.com



Wendy Foster

Cell 0828079741 [Email: wendydfoster@gmail.com](mailto:wendydfoster@gmail.com)

Camps Bay High School

Hello May

This month we VOTE! We celebrate our Moms,
Workers & Africa Day.

1 May '19
Workers
day

Hair-Free Care-Free SUMMER



**WE CHALLENGE YOU TO BE HAIR FREE
BY SUMMER 2019!**

Start your hair free journey today!

Buy 8 and get 4 FREE

OR

Buy 6 and get 2 FREE



Summer Facial SOLUTIONS

Technology Facial

Book any 3 Technology Facials &
get 1 FREE!

Facials include: Cinderella/Prince
Charming Near Infrared, Radio Frequency
& Ultrasound, Dermapen, Peels,
Coolift & Dermaplaning



Rejuve & Renew

Book your Coolifting Facial & get a
Dermapen Facial FREE!

From Kim Kardashian to Pearl Thusi
& Paris Hilton. Coolifting has become
Hollywood's favourite Facial!

Hello May

This month we VOTE! We celebrate our Moms,
Workers & Africa Day.

Body CONTOURING

8 May '19
Election Day



Radio Frequency and Ultrasound is the
very best Technology for Lipolysis
Buy 4 and get 2 FREE!



Book a course of 8 CoolCell treatments &
get 8 NIR Skin tightening treatments
FREE, SAVE up to R16 980!

Mommy MASSAGE

The Royal Treat

Get a FREE 30 min Near Infrared or
Foot massage for mum, when you
purchase her any 60min
Technology Facial!

VOTE



Moisturize & Hydrate

Purchase any 4 home-care products
and get 50% OFF your 60 min
Technology Facial

VOTE



BIG CAT YOUTH COLLECTION

ADOPT-A-HANDMADE BIG CAT

Saving one animal may not change the world,
but surely for that one animal the world will change forever!



BY ADOPTING A HANDMADE BIG CAT YOU ARE HELPING TO RAISE AWARENESS FOR THE PLIGHT OF BIG CATS IN CAPTIVITY IN SOUTH AFRICA & WORLDWIDE.

50% OF THE PROFITS ARE DONATED TO A BIG CAT SANCTUARY OF YOUR CHOICE.
WE SUPPORT EMOYA BIG CAT SANCTUARY (LIMPOPO), DRACKENSTEIN LION PARK (PAARL) & PANTHERA AFRICA BIG CAT SANCTUARY (STANFORD).

Made from donated fabric, they have been lovingly stitched by hand. A skills, employment & awareness programme has been created working with local & rural communities in South Africa.

SINCE LAUNCHING 5 MONTHS AGO OVER 60 OF OUR HANDMADE BIG CATS HAVE FOUND NEW HOMES ALL OVER THE WORLD - ORDER YOURS TODAY & MAKE A DIFFERENCE!



#ForTheLoveofLions

This is a fundraising initiative by
Camps Bay High School students
DREW GOLDIE & SEBASTIAN BYRNES
representing
THE BIG CAT YOUTH COLLECTION

ORDERS & ENQUIRIES

EMAIL: bigcatyouth@gmail.com
FACEBOOK: BIG CAT YOUTH COLLECTION

**WOOL DONATIONS NEEDED:-
DO YOU HAVE LEFT OVER BALLS OF WOOL TO DONATE OR
WOULD YOU LIKE TO USE THAT WOOL TO HELP KNIT OR
CROCHET SQUARES FOR A GREAT CAUSE. WE MAKING UP
BLANKETS FOR PETS AND OWNERS FOR DISTRIBUTION BY
"FURGET ME KNOT NPO 222-361 ([HTTPS://
FURGETMEKNOT.ORG/](https://furgetmeknot.org/))**

**PLEASE EMAIL: MICHELE AT MICHELE@TICTAC.CO.ZA OR
MESSAGE ME ON 0828265596 IF YOU WANT TO HELP WITH
WOOL DONATION OR BY KNITTING/CROCHETING SQUARES.**



Crochet Pattern

MATERIALS

ELLE FAMILY KNIT DK (50 g)

(Colour of your choice)

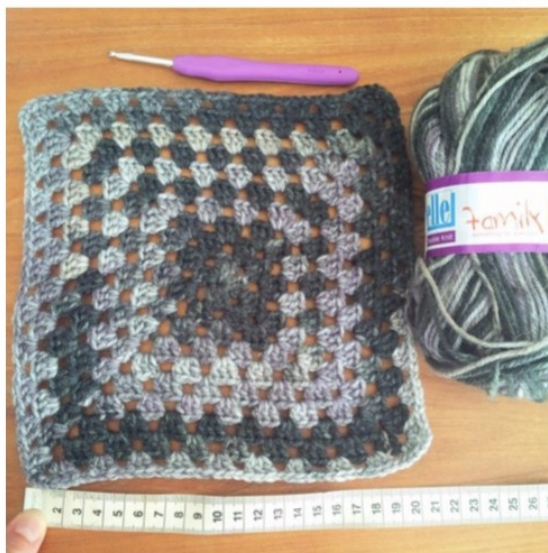
4 mm crochet hook

MEASUREMENTS

20 cm x 20 cm square

ABBREVIATIONS

ch = chain	rnd = round
chsp = chain space	slst = slip stitch
cont = continue	sp = space
patt = pattern	st(s) = stitch(es)
rep = repeat	tr = treble
	rnd = round



INSTRUCTIONS

Using a 4 mm hook make 4ch, slst in first ch to form a ring.

1st rnd: 5ch (= 1tr, 2ch), (3tr in ring, 2ch) 3 times, 2tr in ring, slst in 3rd of 5ch.

2nd rnd: Slst in chsp, 5ch (= 1tr, 2ch), 3tr in same sp, *1ch, (3tr, 2ch, 3tr) in next chsp (= corner), rep from * twice, 1ch, 2tr in same sp as 5ch, slst in 3rd of 5ch.

3rd rnd: Slst in chsp, 5ch (= 1tr, 2ch), 3tr in same sp, *1ch, 3tr in next sp, 1ch**, (3tr, 2ch, 3tr) in next sp, rep from * twice and from * to ** once, 2tr in same sp as 5ch, slst in 3rd of 5ch.

4th rnd: Slst in chsp, 5ch (= 1tr, 2ch), 3tr in same sp, *(1ch, 3tr in next chsp) twice, 1ch**, (3tr, 2ch, 3tr) in next sp, rep from * twice and from * to ** once, 2tr in same sp at 5ch, slst in 3rd of 5ch.

5th to 10th rnd: Cont in patt as last rnd working 3tr in each 1chsp, 1ch after each 3tr cluster and in each corner work 3tr, 2ch, 3tr.

Measure your square and if 20 x 20cm, Fasten off.

If not, do one more round and then fasten off and work in your loose ends.

Knitting Pattern

MATERIALS

ELLE CHARITY DK (100 g)

(Colour of your choice)

6mm Knitting Needles

MEASUREMENTS

20 cm x 20 cm square



INSTRUCTIONS

Using 6 mm knitting needles, cast on 30 st.

*Knit one row

Purl one row*

Repeat from * to * until work measures 20cm.

Cast off & work in your loose ends.