



CAMPS BAY HIGH SCHOOL



Newsletter # 27_2018

17 August 2018

Dear Parents

On Monday in Assembly, *Mr Nyathi* and I reminded the school again why we believe regular physical activity is vital at school. We make this happen on campus through our organised sports programme that is built on team sport codes. We believe that children should enjoy sport and so currently offer a wide range of Summer and Winter options.

Due to the size of the school this often means that there is only one team per age group. When we have a team (that is signed up before the season), we then enter the league. During the season we are often under pressure to make up a full team when some children are not able to play due to injuries. We would ask you as parents to help us by not arranging any other activities on match or practise days.

Having said this, we also believe that our core business is Academics. We expect a child to attend an extra class at school before they attend a sports practise. We understand if they arrive late, however, we will not excuse a child from a sports practise for a private extra lesson that you have arranged off-campus. Any private lessons must be arranged around the school sports times. We appreciate your help and support in this matter.

Prefect Assembly

Today the school was treated to an amazing Prefect Assembly. This was their final assembly for the year and they really went out in a blaze of glory. The Assembly started with two guest stars, the first *Noluthando Meje* (Matric 2005), a well-known South African celebrity, came to promote her new movie *Farewell Ella Bella* (Premiering this weekend).

The next surprise guest was our very own *Mr Mostert* who proceeded to wow the school with his hidden singing talent.

After these two big intro's the Prefects led by *Thimna* treated the school to a slick and classy programme that was both entertaining and informative. This is going to be a hard act to follow.

Communication with Staff via E-mail

One of the areas that has been flagged by the governing body has been the schools communication with parents. In an attempt to improve this area, I have asked the Staff to be far more responsive to their e-mails.

To recap the protocol we are following. If a child has a problem at school, the first attempt to solving it should be internally with the Teacher, then their Tutor, then their Grade Head, followed by the Heads of Discipline, the Deputy and finally myself.



If the matter cannot be resolved in this way, then they need to report this to you and you can mail the teacher involved. If you have no joy in two days then please e-mail me or Mr Mostert and we will respond in 48 hours. I hope this helps going forward.

Some Well-Used Services

I am pleased to report there are two services that the school offers, that are really being fully utilized. The first is the "MyCiti" top up station that we have installed in the clothing shop. I believe that we are selling from R800 to R3000 a day from this point. This has made the life of our pupils using the MyCiti bus much easier.

The second is the School Nurse who comes twice a month on a Wednesday. She has a large number of pupils who are booking an appointment to see her when she is here. Again this fills the gap between self-medication and seeing a doctor.

These two services are really thanks to the Governing Body who have felt that we need to assist our pupils in these two ways.

French Exchange

There will be a French Exchange Information Evening for learners/parents who have expressed interest in the 2019 Exchange or for those who would like more information before making a decision. The meeting will take place on **Thursday 23 August at 17h00** in the Drama Centre.

The French group will visit CBHS in February and March and the CBHS group will travel to France at the end of March. If you have any questions, please contact Mrs Cross (ncross@campsbayhigh.co.za) or Mrs Sehnke (csehnke@campsbayhigh.co.za)

Spoken Word Poetry Club

The Spoken Word Poetry Club meets every **Tuesday** in Cultural Slot in Mr. Cawood's room. New members are welcome to sign up with Mr. Cross or Ms. Laufer.

Justin Bonello - The Karoo, Leopards and Neighbourhood Gardens -Tuesday, 21 August 2018 at 10h10

Camps Bay High School past pupil, *Justin Bonello* will be our special guest speaker in Cultural Slot.

Justin is a cook, traveller, filmmaker, urban farmer, husband, father and entrepreneur - in no particular order! His production company, Cooked in Africa Films, has won multiple awards including best reality show for three years in a row at the SAFTAs (South African Film & Television Awards).

Justin has published seven recipe books and is currently working on another two publications, including Neighbourhood Farm. He is currently filming a documentary on Leopards in the Cape Fold Mountains as well as a new series called *Hooked and Cooked*, which references his early days of cooking.

He is passionate about changing the way city dwellers live in urban environments, and so has started an NPO called Neighbourhood Farm through which he hopes to influence the urban mind-set when it comes to food and the way we live and work in cities.

Parents are welcome to join us for this special Cultural Slot.

RAK (Random Acts of Kindness) Week

Next week is RAK Week at Camps Bay High School. The objective of RAK Week is to encourage kindness at our school and within our greater community.

This year, there are a number of activities planned by Interact as well as the Blood Donation Clinic.

Activities that Interact has put together for RAK Week include a Cake Sale, teachers appreciation, making care packets for girls from Capricorn Village, a visit to Sikhona Educare Centre, helping at One2One Day for people with disabilities, and many other Random Acts of Kindness!

If you would like to sponsor a care packet for the girls from Capricorn Village, it needs to include the following:

- toothpaste and toothbrush
- sanitary pads
- soap
- deodorant
- body lotion
- hair accessories, and
- a makeup item

Donations can be brought in throughout RAK week and given *Ms. Mobsby*.

Any support would be hugely appreciated.

random
act of kindness

YOU DON'T
NEED A
REASON
TO HELP
PEOPLE



SPORTS

Derby Day: Camps Bay High School vs. Grootte Schuur High School

08h30 to 13h30 - 25 August 2018

It's our turn to host the annual Camps Bay High School vs. Grootte Schuur High School Derby Day! This day is always action packed and lots of fun! A reminder that it is **COMPULSORY FOR ALL GRADE 8'S TO ATTEND**. It is also **COMPULSORY FOR ALL PUPILS IN ALL GRADES** to wear their school uniform. It was disappointing to see a number of children not wearing their Uniform at the Table View Derby Day. This year, we will be inviting the Grade 7s from Camps Bay Primary School to join us and we will be asking our Grade 8s to make them feel welcome and part of the school.



Full Events Programme to follow.

Netball Results

Last week, our Netball teams played against **Edgemead High School**.

The results were as follows:

- Under 14B** won 9-5
- Under 14A** lost 6-3
- Under 16A** won 24-6
- Under 19A** lost 28-26.

This week our Netball teams played against **Parklands College** and **Milnerton**.

The results for their matches against Parklands College were:

Under 14B won 17-6
Under 14A lost 16-10
Under 16B lost 7-5
Under 16A won 29-27
Under 19A lost 26-19

The results for the match against **Milnerton** were:

Under 14B lost 4-3
Under 14A won 3-2
Under 16B lost 7-0
Under 16A won 10-5
Under 19A won 12-11

Under 16 Boys' Soccer Results

We are very proud of our **Under-16 Soccer Boys** who continue to outperform their competition...

Yesterday they played two matches at **African Brothers Football Academy**. They beat **DSK** 12-7 and then beat **Reddam Atlantic** 9-3.

Girls' Hockey Results

Our Hockey girls played against **Parow High School** last week.

The **Under 14s** lost 5-1,
the **Under 16s** drew 2-2, and
the **Under 19s** drew 1-1.

Four Camps Bay Pupils Selected for Cross-Country Championships

Alexandro Da Silva, Zara Goslett, Mudrek Gameildien and Samuel Warren who have been selected for the Cape Metro Schools Cross-Country.

Congratulations to *Alexandro Da Silva* who placed **6th overall** and will run at the Western Province Championships.

Junior Musicians Perform in Cultural Slot

Some of our junior musicians performed in Cultural on Tuesday and we were very impressed with the performances from *Ben Stoltzman* - Grade 8, *Ruby Roderick* - Grade 9, *Kiera Kresfelder* - Grade 9, *Giulia de Chaud* - Grade 9, *Reegan Finkel* - Grade 10, *Muzaffar Hendricks* - Grade 10 and *Jaime Augoustides* - Grade 10.

Vondi's Helps Keep Our Fields Clean

Thanks to **Vondi's Holistic Pet Nutrition** for installing dispensers and bags on our school field. We appreciate you helping us out to keep our fields free for dog poo! Walkers, please remember to clean up after your dogs when walking on our fields!

Grade 11 Fashion Show – 19h00 - Thursday 30, Friday 31 August & Saturday 1 September

The Grade 11s will be hosting this annual fundraiser for their Matric Dance. They have chosen the theme "Mass Media" for this year's show. Tickets are **R60-00** and are available at the Uniform Shop or through any Grade 11.



Inter-House One Act Plays: Friday 17 August at 18h30

Blue, Green, Orange, Purple, Red, Yellow House... who will it be? Come and support your house tonight as they perform their One Act Plays in the **John Ince Hall** at **18h30**. Entrance is **FREE!**

Blood Donation Clinic: 12h45 to 14h45 - Thursday 23 August 2018

Blood supplies in the Western Cape are critically low at the moment. Please support this clinic which will be held in the School Hall which is open to **ANYONE** in the community.

Blood donors must be **over the age of 16** to donate.

If you have never donated before, now is the time to!

To find out all you need to know about donating, click here: <https://www.wpblood.org.za/aboutdonation/becoming-donor>

Blood stocks critically low!
Please donate blood today.

WP Blood Transfusion Service
Do something remarkable

80 REMARKABLE YEARS

Ekhaya - The Musical 2019

The cast list for the 2019 Musical, Ekhaya, is:

<i>Tanacity Douglas</i>	<i>Reegan Finkel</i>	<i>Meleah Ekbergh</i>	<i>Sienna Widd</i>
<i>Amava Mkuku</i>	<i>Maxine Hammond</i>	<i>Alev Guven</i>	<i>Meg Paice</i>
<i>Auroa Blumberg</i>	<i>Abigail van der Spuy</i>	<i>Amicah Evans</i>	<i>Monalisa Nkhata</i>
<i>Ama Gaise</i>	<i>Sandrine Theron</i>	<i>Sebastian Byrnes</i>	<i>Shay Little</i>
<i>Troy Ferguson</i>	<i>Aasim Ellis</i>	<i>Ethan Holtman</i>	<i>Kahlil Visser</i>
<i>Nicholas Haupt</i>	<i>Siphelele Ntini</i>	<i>Muzaffar Hendricks</i>	<i>Alaya Ashby</i>
<i>Nicole Peterson</i>	<i>Alexa Spitzer</i>	<i>Shannon Phelan</i>	<i>Anoushka Sulayman</i>
<i>Thandeka Mdawini</i>	<i>Leah Sayers</i>	<i>Mbisholo Nwabisa</i>	<i>Cailin Pearce</i>
<i>Julia Overmeyer</i>	<i>Jesse Meyer</i>	<i>Taneal Dougall</i>	<i>Zak Norval</i>
<i>Christopher Oaker</i>	<i>Renee van Zyl</i>	<i>Anna Emery</i>	<i>Yusuf Alexander</i>
<i>Matthew O'Dowd</i>	<i>Christopher Babunga</i>	<i>Ruby Roderick</i>	<i>Nolubabalo Bawuti</i>
<i>Jessy Sandham</i>	<i>Giulia de Chaud</i>		

There will be a first table read for everyone cast in the musical on **Wednesday, 22 August** in **Room 13** where the cast will receive the final script and start planning for the musical.

Thailand Trip

For those who have signed up for the Thailand Trip, please note that your deposits are now due.

If you are still interested in your child going on the trip in **March 2019**, please contact either *Mr. Cawood*, *Mr. Edwards* or *Ms. Janse Van Rensburg* by the latest on **Monday**.

The Week Ahead

Friday 17 August 2018:	Inter-House plays at 18h30
Saturday 18 August 2018:	Matches at school start at 08h30 However, there are also matches played away
Sunday 19 August 2018:	Grade 12 Afrikaans Workshop 09h00 – 14h00
Monday 20 August 2018:	The start of RAK Week Winter Sports Awards in Assembly at 10h15
Tuesday 21 August 2018:	Matric Grade photograph
Wednesday 22 August 2018:	Second Eid
Saturday 25 August 2018:	Derby against Groote Schuur High School at home.

We wish all our Muslim pupils well as they celebrate the Second Eid on **Wednesday 22 August 2018**.

Yours sincerely,

David De Korte
PRINCIPAL

NIPPER OPEN DAY 2018

SUNDAY
9
SEPTEMBER
and
30
SEPTEMBER

10h00-12h30

AGES
5-13!



Improve Levels of Fitness

Improve Social Skills & Team Building

Beach Safety & Sun Sense

Encourage Confidence in the Water

Develop Lasting Friendships

Fun on the Beach for the Whole Family

Bring your
Costume, Cap,
Goggles &
Wetsuit

INFORMATION

mandy@cliftonsurf.co.za



the
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**Perfect for Bloggers, Beginners, Aspiring Photographers,
Stylists, Food Nuts and Creatives.**

If you are seeking a truly unique, hands-on, relaxed workshop experience, that will teach you the basics of visual story telling with food and props, as well as the composition and capture of these images, using natural light, then this is for you.

We look forward to welcoming you into our world.

**We will be running a 1 day group Food Styling and Photography
Workshop on:**

25th Aug 2018 and 1 Sept 2018

If you would like to attend either of these workshops, you can simply go to

www.thepropropoom.co.za click on the **Workshops** tab

or email: info@thepropropoom.co.za or contact **Mark on 079 5699779**

There you will find all you need to know about time, place, price and what to bring.

Lunch, Drinks & Goodie bags will be provided



MATHS TUTORING

by Garth Spencer-Smith

- Highly experienced and qualified Maths teacher/tutor
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084 624 9803
garth@ukufunda.com



B.Sc degree, majoring in Maths, and an M.Ed (Maths Ed) degree.
Nearly 20 years of full-time teaching experience, in a variety of schools
Previous Head of Maths at St Paul's College (Windhoek) and the International School of Cape Town
Currently training Maths teachers, writing Maths resources (for textbooks and online), and other education consulting work (see www.ukufundaeducation.com)

SEPTEMBER SCHOOL HOLIDAY IN SEDGEFIELD

One week holiday rental at the Baywater Village Resort in Sedgefield available for only **R8,000-00**.

Enjoy 7 nights at this quality resort from 28/9 to 5/10.

Self-catering unit sleeps four people. Only 20 minutes to Knysna.

https://www.qvc.co.za/resorts/baywater_village.php

Contact **Diane** on **079-875-2307** or dstclairmoor@gmail.com if you're interested.

Maths Workshops

Week 1: 18 August
Functions

Week 2: 25 August
Calculus

Week 3: 1 September
Trigonometry

Week 3: 2 September
Euclidean Geometry

Time: 15h00 – 17h00

Venue: Camps Bay Primary School

Contact: *Michael Hagglund*

083-608-2221/

hagglund790@gmail.com